

The annual Track Meet will take place May 19th from 12-4pm at UMASS Dartmouth. This event is open to all students grades 3 and up. I am looking for students to run the mile, 1/2 mile, 400 dash, 200 dash, softball throw and relays. I would love to attend this year with as many students as possible for this great community event. Those that do not wish to participate, we invite to cheer on our students as they compete with the other local catholic schools. To participate, each student needs to enroll in running club and start training ASAP. Running club meets on Tuesday's and Wednesday's after school. If that does not work with your schedule, I am open to practice on other days or even sending home a training schedule for them to do at home. To sign up, get a form from the front office or register online [www.adagioinaction.com](http://www.adagioinaction.com)

If you have any questions, please feel free to email me at [dlopes@sjsf.dfrcs.org](mailto:dlopes@sjsf.dfrcs.org)