







ST JOSEPH SCHOOL MENU

JANUARY 2010

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| |  INDICATES BALANCED CHOICE MEALS | | | 1  Pepperoni & Plain Pizza PEAS |
| Weekly Alternates: | Bologna & cheese sandwich (2) Dairydactal fun lunch (Yogurt, saltines, cheese, carrots) (3) peanut butter marshmallow sandwich (4) | | | Triple peanut butter & jelly or |
| 4 HOT DOGS BAKED BEANS CARROTS | 5 MACARONI AND CHEESE GREEN BEANS | 6 BACON CHEESE BURGERS BAKES FRIES PEAS | 7 BEEF TACOS W/ALL THE TOPPINGS CORN | 8  Pepperoni & Plain Pizza MIXED VEGGIES |
| Weekly Alternates: | HAM & Cheese sandwich (2) Breadbeak* fun lunch (Mini bagel with hard boiled egg & orange juice) (3) jelly OR peanut butter marshmallow sandwich (4) | | | Triple peanut butter & jelly |
| 11 BBQ BEEF SANDWICH PEAS | 12 THREE CHEESE PASTA WHEAT DINNER ROLLS | 13 MEATBALL SUBS CARROTS | 14 FRENCH TOAST STICKS SAUSAGE TATER TOTS MAPLE SYRUP | 15  Pepperoni & Plain Pizza Green Beans |
| Weekly Alternates: | Turkey Sandwich (2) Peanut Butter & Jelly Fun Lunch (Saltines, Peanut Butter, Jelly, Fruit Punch) (3) jelly or peanut butter marshmallow sandwich (4) | | | Triple peanut butter & jelly |
| 18 NO SCHOOL | 19  BEEF NACHOS W/ THE TOPPINGS CARROTS | 20 GRILLED CHEESE TOMATO SOUP | 21  CHICKEN PATTY ONA ROLL CORN "COOKIE DAY" | 22  Pepperoni & Plain Pizza GREEN PEAS |
| Weekly Alternates: | Italian sub (2) Pete's* fun lunch (Mini bagels with shredded cheese & tomato sauce) (3) Triple peanut butter & jelly OR peanut butter marshmallow sandwich (4) | | | |
| 25 BACON TURKEY CLUB ON ROLL BAG OF CHIPS | 26 CHICKEN NUGGETS CORN DINNER ROLLS | 27 AMERICAN CHOP SUEY GARLIC STIX CARROTS | 28  BEEF TACOS W/ALL THE TOPPINGS CORN | 29  Pepperoni & Plain Pizza GREEN BEANS |
| Weekly Alternates: | Turkey Sandwich (2) Peanut Butter & Jelly Fun Lunch (Saltines, Peanut Butter, Jelly, Orange juice) (3) OR peanut butter marshmallow sandwich (4) | | | Triple peanut butter & jelly |

All meals are served with a choice of milk (low fat or low fat flavored) and fruit (fresh or canned.)

Extra servings of vegetables (excluding potatoes and potato products) and fruits are encouraged. Veggie sticks and/or tossed salad available daily

Student Lunch price: \$2.00 & \$2.25 & Reduced meal price: \$0.40 Milk price: \$0.50 Adult meal price \$3.50

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